



February is National Hot Breakfast Month. A hot breakfast can be anything from pancakes and waffles to breakfast sandwiches to oatmeal or cream of wheat. Which hot breakfasts will you try this month?



BREAKFAST

MONDAY

Cinnamon Oatmeal
Diced Peaches
1% Milk

02

TUESDAY

Blueberry Pancakes
Diced Melon
1% Milk

03

WEDNESDAY

Egg & Cheese Sandwich
½ Banana
1% Milk

04

THURSDAY

Apple Muffin
Fresh Pineapple
1% Milk

05

FRIDAY

WG Cheerios
½ Banana
1% Milk

06

Cheese Grits
Diced Peaches
1% Milk

09

Cinnamon Oat Muffin
Fresh Pineapple
1% Milk

10

Cheese & Spinach Quiche
Mixed Fruit
1% Milk

11

Peach Oatmeal
Mandarin Oranges
1% Milk

12

Rice Krispy Cereal
½ Banana
1% Milk

13

Presidents' Day
French Tost
Diced Peaches
1% Milk

16

Homemade Banana Bread
Diced Melon
1% Milk

17

Cinnamon Oatmeal
Sliced Apples
1% Milk

18

Cheese Eggs
Banana
1% Milk

19

WG Apple Cinnamon Cereal
½ Banana
1% Milk

20

WG Waffles
Diced Pineapple
1% Milk

23

Blueberry Muffin
Apple Slices
1% Milk

24

Cheese Grits
Fresh Strawberries
1% Milk

25

Bown Sugar Oatmeal
Fresh Pineapple
1% Milk

26

WG Fruit Swirl Cereal
½ Banana
1% Milk

27



School Meals Provided BY:
Nourish Food Service LLC.

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